



Which strength (Diopter) is right for me?







When printing, ensure there are no settings that may enlarge or reduce the size of the chart.

All our reading glasses (UV Readers) and reading sunglasses (sun readers) are available in five different “strengths” (officially known as the “diopter” rating, which is a unit of measurement of optical power).

Note: Your eye sight is important, and our free eye chart should not be considered a substitute for regular eye tests at your opticians.

This chart is an approximate guide only.

The largest text size you have difficulty reading will give you an indication of the diopter strength you require. When shopping with UV Reader, you may easily select your required strength by means of a drop-down menu before clicking the “Add to Basket” button.

-  +1.0 - weak Choose this if you cannot read this text clearly
-  +1.5 - medium Choose this if you cannot read this text clearly
-  +2.0 - medium Choose this if you cannot read this text clearly
-  +2.5 - medium Choose this if you cannot read this text clearly
-  +3.0 - strong Choose this if you cannot read this text clearly
-  +3.5 - strong Choose this if you cannot read this text clearly